

Brockport Girls Varsity Tennis 2023



Varsity Head Coach: Coby Albone
MOD Head Coach: Suzanne Sodoma

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Hello parents and players! Welcome to the 2023 Girls Varsity Tennis season. My name is Coby Albone for those that do not know me. I graduated from Medina in 2017 and recently just graduated from SUNY Brockport here in May. During my undergraduate experience, I was able to double major in Physical Education and Health Education. I am currently one of the Health Education Teachers here at the High School. I have been coaching numerous teams of various ages over the past six years here in Brockport. I am very excited to get started and cannot wait for the season to start on August 21st!

From the looks of our roster right now, we have a healthy mix of grade levels. It is great for the team and the program to have an influx of youth. At the varsity level, the objective is to compete and striving towards finding success on the court. Singles and doubles spots will be earned through practice, game play, knowledge of the game, fitness level, and accountability inside and outside of the classroom.

I encourage healthy competition surrounded by fairness, encouragement, responsibility, and sportsmanship. Please be ready for the season by arriving to practice on time with proper shoes, and athletic equipment.

Player Expectations/ Team Rules

Tennis Players are required to:

1. Represent Brockport in a positive manner.
2. Conduct yourselves with class and dignity in and out of school. You are representing the girls' tennis program at all times. (Players receiving detention, suspension or academically ineligible can result in match suspensions)
3. Bring all gear to every practice and matches.
4. Expected to attend all practices and be prepared at the start of practice, this be at practice on time with all equipment on and ready to go.
5. Give coaches advance notice if you are going to miss a practice or matches, it is your responsibility.
6. Give encouragement to fellow teammates.
7. Never engage in dissent toward an official, coach, or anyone else.
8. Never leave a match or practice without permission of the coach.
9. Respect coaches/trainers and their decisions.
10. Promise to work hard at practice and match to improve skills and understanding of the game. Understanding the amount of playing time received in match will be based on skills, knowledge of the sport, work ethic and attitude.

Parent Expectations

Parental support is an important foundation of our tennis program. You are the ones who travel and cheer at the games, pay for your child's gear and most importantly you are there through the good and the bad for these athletes. Without your fundamental commitment and support for the program we would not be as successful as we are, and I would like to say THANK YOU!

Parent Expectations:

1. Be a good role model.
2. Honor the game when you attend matches and encourage other parents to honor the game as well.
3. Cheer on the players, do NOT make negative remarks towards officials or the opposing team.
4. Respect the coach's/trainer's decisions.
5. Please set up a conference with the coach to discuss playing time, playing positions, etc. and please do not approach the coach after a game to discuss these topics.
6. Parents are spectators – they are there to enjoy the matches!

Tennis Program Goals

Vision

The girl's tennis program strives to create a highly competitive and effective program based on positive team culture/family atmosphere, hard work, unselfishness, dedication, leadership, teamwork, and respect.

Goals

1. Improve the character, responsibility, communication skills, and knowledge of our student athletes, while maintaining a culture of hard work and dedication.
2. Improve teamwork and cooperative learning skills in a positive environment.
3. Enhance the leadership qualities of the student athletes.

All players, coaches, and families are...

- Dedicated to the sport, "in good standing," maintain good communication with coaches/teammates, continuous role model behavior, and Pride in Brockport!

(1) FAMILY

(2) SCHOOL

(3) TENNIS

Aug 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Practice 9 - 11 Tennis Courts	22 Practice 9 - 11 Tennis Courts	23 Practice 11 - 1 Tennis Courts	24 Practice 11 - 1 Tennis Courts	25 Practice 9 - 11 Tennis Courts	26 Practice 9 - 11 Tennis Courts
27	28 Practice 9 - 11 Tennis Courts	29 Away Match 10:00 @ Irondequoit	30 Practice 9 - 11 Tennis Courts	31 Home Match 5:00 vs. Webster Schroeder		

Sept 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Away Match 10:00 @ Irondequoit	Home Match 5:00 vs. Webster Schroeder	Practice 9 – 11 Tennis Courts	No Practice
3	No Practice	Away Match 5:00 @ Hilton	Practice 3:30 – 5 Tennis Courts	Home Match 5:00 vs. HFL	Home Match 4:30 vs. Our Lady of Mercy	Home Match 10:00 vs. Brighton
10	Practice 3:30 – 5 Tennis Courts	Away Match 5:00 @ Pittsford Sutherland	Practice 3:30 – 5 Tennis Courts	Home Match 5:00 vs. Victor	Practice 3:30 – 5 Tennis Courts	No Practice
17	Practice 3:30 – 5 Tennis Courts	Home Match 5:00 vs. Webster Thomas	Practice 3:30 – 5 Tennis Courts	Away Match 5:00 @ Pittsford Mendon	Away Match 5:00 @ Greece Athena	No Practice
24	Practice 3:30 – 5 Tennis Courts	Home Match 5:00 vs. R-H	Practice TBH	Away Match 5:00 vs. Churchville- Chili	Sectionals Start!	