

Brockport Central School District

Elementary Lunch Menu September 2023

Meat/Meat Alternative

Grain

Fruit

Vegetable

Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4 NO SCHOOL TODAY!</p> 	<p>5 NO SCHOOL TODAY!</p> 	<p>6 Stuffed Crust Pizza</p> <p>Steamed Carrots Steamed Green Beans Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>7 Hot Dog on a Bun</p> <p>French Fries Celery Sticks Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>8 Macaroni & Cheese or Assorted Deli</p> <p>Steamed Broccoli Sweet Peas Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>
<p>11 Chicken Nuggets with a Mini Pretzel</p> <p>Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>12 Taco in a Bag or a Soft Shell Or Assorted Deli</p> <p>Golden Sweet Corn Refried Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>13 French Bread Pizza</p> <p>Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>14 Pasta with Meatballs Or Plain Sauce</p> <p>Garlic Parm Broccoli Celery Sticks Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>15 Mozzarella Sticks with Sauce or Assorted Deli</p> <p>French Fries Tomato Cucumber Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>
<p>18 Chicken Smackers with a Mini Pretzel</p> <p>Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>19 Fiestada Pizza or Assorted Deli</p> <p>Gold Sweet Corn Refried Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>20 Cheese Pizza Or Pepperoni Pizza</p> <p>Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>21 Pulled BBQ Sandwich Or Assorted Deli</p> <p>Mashed Potatoes Fresh Broccoli Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>22 Toasted Cheese Sandwich or Ham or Turkey Sandwich</p> <p>Tomato Soup Cucumber Wheels Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>
<p>25 Dinosaur Chicken Nuggets with a Mini Pretzel</p> <p>Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>26 Cheeseburger or Hamburger</p> <p>French Fries Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>27 Deep Dish Cheese Pizza or Deep Dish Pepperoni Pizza</p> <p>Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>28 Pasta with Meat Sauce Or Plain Sauce</p> <p>Garlic Parm Broccoli Celery Sticks Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>	<p>29 Pizza Crunchers with Sauce or Assorted Deli</p> <p>Sweet Peas Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk</p>

Served Daily:
Assorted Salad Plates
PBJ
Yogurt Plate

Choice of Milk:
1% White Milk
Skim Milk
Low Fat Chocolate

Every Meal Includes:
2 Servings of **Fruit**
1 Serving of Each **Vegetable**

Every meal must include a 1/2 cup **fruit** or **vegetable**.

Meal Prices:
Full Breakfast: Free at this time.
Reduced Breakfast: Free at this time.
Full Lunch: Free at this time.
Reduced Lunch: Free at this time.
Milk: \$.70

Food Service Contact:

Phone:
(585)637-1846

Email:
Foodservice@bcs1.org

Menu Subject to Change depending on product Availability.

If you have a food allergy, please notify us. Allergy information is available for prepared food items upon request. Ask an employee for details.

Breakfast Menu:

This institution is an equal opportunity provider.

Mondays
Assorted Frudels
Cereal, Muffin, or Poptart
Fresh Fruit or Cupped Fruit & Milk

Tuesdays
Bagel with Condiment
Cereal, Muffin, or Poptart
Fresh Fruit or Cupped Fruit & Milk

Wednesdays
Assorted Breakfast Sandwiches
Cereal, Muffin, or Poptart
Fresh Fruit or Cupped Fruit & Milk

Thursdays
Assorted Breakfast Breads
Cereal, Muffin, or Poptart
Fresh Fruit or Cupped Fruit & Milk

Fridays
Assorted Pancakes & Waffles
Cereal, Muffin, or Poptart
Fresh Fruit or Cupped Fruit & Milk