






Brockport Central School District Middle and High School Lunch Menu February 2024

Meat/Meat Alternative
Grain
Fruit
Vegetable
Milk
NY State Product

Monday	Tuesday	Wednesday	Thursday	Friday
29 Chicken Tenders with a Mini Pretzel French Fries Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	30 Chicken Quesadilla With Veggie Rice Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk D	31 B.Y.O. Rice Bowls Steamed Broccoli Steamed Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A	1 Pasta with or without Italian Sausage Steamed Green Beans Sweet Peas Cupped Fruit Assorted Fresh Fruit Assorted Milk B	2 Mozzarella Sticks with Sauce Sweet Peas Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C
5 Chicken Patty on a WG Roll Steamed Carrots Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	6 Cheeseburger Or Hamburger Tater Tot Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk A	7 Pulled Pork Sandwich Or Italian Sausage w/ or w/o Peppers & Onions Mashed Potatoes Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B	8 Pasta with Meat Sauce Or Plain Sauce with a Breadstick Garlic Parm Broccoli Sweet Peas Cupped Fruit Assorted Fresh Fruit Assorted Milk C	9 Toasted Cheese Sandwich Tomato Soup Steamed Green Beans Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D
12 Orange Chicken With an Egg Roll & Fortune Cookie Steamed Green Beans Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A	13 Taco Bar with Spanish Rice Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk B	14 Broccoli Cheddar Soup with Garlic Knots Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	15 French Toast Sticks With Sausage Patties Hashbrown Patties Celery Sticks Cupped Fruit Assorted Fresh Fruit Assorted Milk D	16 Macaroni & Cheese with a Mini Pretzel Chili Garlic Parm Broccoli Cucumber Wheels Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A
19 NO SCHOOL TODAY! 	20 NO SCHOOL TODAY! 	21 NO SCHOOL TODAY! 	22 NO SCHOOL TODAY! 	23 NO SCHOOL TODAY! 
26 Chicken Smackers With a Mini Pretzel Steamed Green Beans Steamed Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B	27 Chicken Tikka Masala with Rice Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk C	28 Italian Dunkers Steamed Broccoli Steamed Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	29 Breaded Chicken Drumstick with Cornbread Mashed Potatoes Steamed Carrots Cupped Fruit Assorted Fresh Fruit Assorted Milk A	1 Three Cheese Cavatappi with a Mini Pretzel Buffalo Cauliflower Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B

Served Daily:
 Assorted Pizzas
 Made to Order Deli Bar
 Buffalo Chicken
 Salad Plate
 Chicken Caesar Salad Plate
 Julienne Salad Plate
 Vegetable Salad Plate
 PBJ
 Yogurt Parfait

Choice of Milk:
 1% White Milk
 Skim Milk
 Low Fat Chocolate

Every Meal Includes:
 2 Servings of Fruit and
 1 Serving of Each
 Vegetable.

Every meal must include a 1/2 cup fruit or vegetable.

Meal Prices:
 Full Breakfast: Free at this time.
 Reduced Breakfast: Free at this time.

Full Lunch: Free at this time.
 Milk: \$.70
 Reduced Lunch: Free at this time.

Food Service Contact:
Phone:
 (585) 637-1846
Email:
Foodservice@bcs1.org

If you have a food allergy, please notify us. Allergy information is available for prepared food items upon request.

Menu subject to change depending on product availability.

Breakfast Menu:

This institution is an equal opportunity provider.

Mondays
 Assorted Breakfast Breads
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice or Cupped Fruit & Milk

Tuesdays
 Assorted Cinnamon Rolls
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice, or Cupped Fruit & Milk

Wednesdays
 Bagel with Condiment
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice, or Cupped Fruit & Milk

Thursdays
 Breakfast Crunch Wrap
 Assorted Smoothies
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice, or Cupped Fruit & Milk

Fridays
 Assorted Waffles
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice, or Cupped Fruit & Milk