

# Brockport Central School District

## Elementary Lunch Menu November 2023

	Meat/Meat Alternative	Grain	Fruit	Vegetable	Milk
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	Monday	Tuesday	Wednesday	Thursday	Friday
30	<b>Chicken Smackers with a Mini Pretzel</b> Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Cheeseburger or Hamburger</b>  Tater Tots Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Cheese Pizza Or Pepperoni Pizza</b> Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Hot Dog on a Bun</b> French Fries Celery Sticks Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Mozzarella Sticks with Sauce or Assorted Deli</b> Steamed Broccoli Fresh Cauliflower Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk
6	<b>Chicken Nuggets with a Mini Pretzel</b> Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Taco in a Bag or a Soft Shell Or Assorted Deli</b>  Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Stuffed Crust Pizza</b> Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Pasta with Meatballs Or Plain Sauce</b> Garlic Parm Broccoli Cucumber Wheels Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>NO SCHOOL TODAY!</b> 
13	<b>Chicken Patty on a Bun</b> Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Cheeseburger or Hamburger</b> French Fries Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>French Bread Pizza</b> Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>French Toast Sticks With Sausage Patties</b> Hashbrown Patties Cucumber Wheels Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Turkey Melt Sandwich or Ham or Turkey Sandwich</b> Tomato Soup Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk
20	<b>Dinosaur Chicken Nuggets with a Mini Pretzel</b> Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Fiestada Pizza or Assorted Deli</b>  Gold Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>NO SCHOOL TODAY!</b> 	<b>NO SCHOOL TODAY!</b>	<b>NO SCHOOL TODAY!</b> 
27	<b>Chicken Smackers with a Mini Pretzel</b> Steamed Green Beans Golden Sweet Corn Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Pulled BBQ Sandwich Or Assorted Deli</b> Tater Tots Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Deep Dish Cheese Pizza or Deep Dish Pepperoni Pizza</b> Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Macaroni &amp; Cheese or Assorted Deli</b> Steamed Broccoli Cucumber Wheels Cupped Fruit Assorted Fresh Fruit Assorted Milk	<b>Pizza Crunchers with Sauce or Assorted Deli</b> Sweet Peas Fresh Cauliflower Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk

**Served Daily:**  
 Assorted Salad Plates  
 PBJ  
 Yogurt Plate

**Choice of Milk:**  
 1% White Milk  
 Skim Milk  
 Low Fat Chocolate

**Every Meal Includes:**  
 2 Servings of Fruit  
 1 Serving of Each Vegetable

Every meal must include a 1/2 cup fruit or vegetable.

**Meal Prices:**  
**Full Breakfast:** Free at this time.  
**Reduced Breakfast:** Free at this time.  
**Full Lunch:** Free at this time.  
**Milk:** \$.70  
**Reduced Lunch:** Free at this time.

**Food Service Contact:**  
**Phone:** (585)637-1846  
**Email:** [Foodservice@bcs1.org](mailto:Foodservice@bcs1.org)

Menu Subject to Change depending on product Availability.

If you have a food allergy, please notify us. Allergy information is available for prepared food items upon request.

## Breakfast Menu:

**Mondays**  
 Assorted Frudels  
 Cereal, Muffin, or Poptart  
 Fresh Fruit or Cupped Fruit & Milk

**Tuesdays**  
 Bagel with Condiment  
 Cereal, Muffin, or Poptart  
 Fresh Fruit or Cupped Fruit & Milk

**Wednesdays**  
 Assorted Breakfast Sandwiches  
 Cereal, Muffin, or Poptart  
 Fresh Fruit or Cupped Fruit & Milk

 **Thursdays**  
 Assorted Breakfast Bars  
 Cereal, Muffin, or Poptart  
 Fresh Fruit or Cupped Fruit & Milk

**Fridays**  
 Assorted Cinnamon Rolls  
 Cereal, Muffin, or Poptart  
 Fresh Fruit or Cupped Fruit & Milk

This institution is an equal opportunity provider.