

American History Trip Expectations and Suggestions

General Expectations

1. If you ask a chaperone for permission to do something and you are told no, do not attempt to manipulate the adults. DO NOT then ask another chaperone for permission.
2. Do as you are told by your chaperone (or by another chaperone); sometimes it is a safety issue.
3. ALWAYS be aware of your walking group, your meeting times, and meeting places.
4. Be polite and always use your manners.
5. If you or a rooming group member does not feel well, tell your chaperone immediately.
6. Lanyards are to be worn at all times when outside of your hotel room.
7. The use of alcohol, drugs, tobacco products, e-cigarettes/vape products etc. or the possession of weapons and/or weapon mimicking devices WILL NOT be tolerated and will result in severe discipline . You could be sent home at your parents' expense.
8. Cell phones are allowed, but students must follow the AHT PED Policy. Phones used inappropriately or without chaperone permission will be confiscated.

Bus Expectations

1. A bus seating chart will be made prior to departure. This is your assigned seat for the duration of the trip unless your chaperone agrees to or decides to change your seat.
2. Remember your bus number, name of the bus company, and color of your bus.
3. NO flash photography is allowed on the bus for safety reasons. Do not take photos without another's permission. Do not post photos of others without asking their permission.
4. Stay in your seat on the bus -- no standing, kneeling, or laying down on the floor. Refrain from popping up and down to retrieve items from the overhead storage compartments. It is distracting to the driver.
5. DO NOT use hairspray, body sprays, or use other strong-smelling lotions and perfumes/colognes on the bus. It may trigger an allergic reaction or asthma attack.
6. You may listen to music on the bus, but you need to wear headphones/earbuds and keep the volume to a reasonable level. You cannot listen to music while touring, so leave the headphones/earbuds on the bus. They should not be worn even if turned off. These items will be confiscated by a chaperone if you are caught using them while touring. Do not bring portable speakers.
7. Pay attention and listen for directions. You will be told when to exit the bus. Have everything ready to go before the bus stops. When exiting, move quickly away from the bus and regroup with your chaperone.
8. Be careful when walking between buses.
9. Keep the bus clean -- this is your "home" for the duration of the trip.
10. Be polite to the bus drivers and DO NOT distract them while they are driving.

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Hotel Expectations

1. When we arrive at the hotel, students will be assigned to unload the luggage while the room key cards are being given out. Be responsible with the room key card.
2. Go directly to your hotel room after getting your room key card and suitcase. Students may use a hotel elevator only when with their rooming group -- never alone.
3. Stay in your room once you are checked in. Once you are in your room, lock and deadbolt the door. DO NOT open the door for anyone other than a chaperone. NEVER open your door when you hear someone knock until that person has identified themselves and you recognize that person as one of the chaperones. DO NOT open your door for anyone claiming to be hotel security, room service, or the police. If anyone other than a chaperone wants you to open your door, call your chaperone, and wait for your chaperone to arrive.
4. You are not to be in the halls without permission from your chaperone and without adult supervision. You are not allowed in anyone else's room either.
5. Check fire safety regulations and the fire exit map as soon as you get in your room.
6. You are NOT to use the hotel room phones to call other rooms or to call room service or to call the front desk. You may use the phone to call your chaperone. DO NOT turn the hotel phone ringer off.
7. Make sure that the drapes or blinds are closed. DO NOT advertise your presence.
8. We SHOULD NOT hear excessive noise coming from your room, especially after nightly check-ins. There will be other guests staying at the hotel, and we do not wish to disturb them. Security guards will be on duty and will report excessive noise and other concerns to the chaperones.
9. Make every effort to get along with your roommates (as well as everyone else on the trip). Determine a bathroom schedule that works for everyone.
10. Keep your hotel room reasonably neat and clear of excess clutter during your stay. When we check out of the hotel, your chaperone will check your room. If it is overly messy, you and your roommates will straighten it up.
11. DO NOT leave valuables (money, jewelry, etc.) out in plain sight while you are not in your room. Place them in your suitcase.
12. If you plan on bringing your own pillow, use a colored or patterned pillowcase so your pillow does not get confused with the ones that belong to the hotel.
13. Upon checking out, triple check your room when you pack up to leave. Make certain you did not leave something in a drawer, under the bed, in a closet, etc.

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Touring Expectations

1. Use of your phone to call, text, post to social media, or to listen to music is prohibited while touring. If you need to use your phone for any of these reasons, ask your chaperone.
2. When you are permitted to tour "on your own", you must stay with at least one other person **from your rooming group**. NEVER go off by yourself. If someone needs to use the restroom, someone must go with that person to the restroom area. If a Brockport chaperone observes you touring alone, you must then stay with that chaperone until you are reunited with your chaperone.
3. If a rooming group fails to stick together or doesn't meet back with their chaperone at appointed times, they will not be allowed to tour on their own for the duration of the day or, even possibly, the duration of the trip. It is suggested that at least 1 person in the group sets their watch or phone to make sure that the group meets back with their chaperone at the appointed time and at the designated location.
4. When you are on a guided tour, please stand still as the guide is talking. Be an active listener.
5. DO NOT touch things you are not supposed to.
6. Hats may NOT be worn in government buildings, during military ceremonies, or at burial sites/cemeteries.
7. Students are NOT to shop at the street vendors without chaperone permission.
8. If you make a purchase at a shop, keep the receipt. On past trips, some of our students have been falsely accused of shoplifting.

Restaurant/Food Court Expectations

1. Make smart food choices. Choose items that will be filling; avoid too much junk food. May have to limit intake of spicy or greasy foods if they tend not to agree with you.
2. It's important to stay hydrated by drinking water throughout the day. Limit intake of soda/carbonated drinks.
3. At buffets, listen to the wait-staff. They will let you know when to go up to get your food or drinks. Take a reasonable amount of food; you can always go back for seconds. Try not to waste too much food.
4. DO NOT make a mess out of your eating area. This is NOT the time to turn your meal or beverage into a science experiment.
5. Do toss out your garbage and clear your table when finished eating.

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Clothes and Packing Suggestions

1. Find a place in your room or other location within your home to start gathering clothing and items you want to take on the trip.
2. Choose clothes that you feel comfortable in and are **dress-code appropriate**. If you are not sure, then ask your chaperone. Better yet, choose something else. **Pajama pants are not allowed** on the bus or in public.
3. Try on all the clothes you plan to pack. Make sure everything fits. Check zippers. Check for missing buttons and split seams.
4. Pack good socks and sturdy, broken-in footwear. Bring along an extra pair of footwear in case the ones you are wearing get soaked. Avoid flipflops, slides, and non-supportive footwear—we will be walking all day.
5. Plan to dress in layers.
6. Bring a plastic bag to store dirty clothes or wet items in.
7. Store liquid items (mouthwash, cologne/perfume, contact lens solution, etc.) in zippered plastic bags in your suitcase to protect your clothing in case of a leak.
8. Do not pack anything (money, camera, medicines, snacks, rain gear, chargers, etc.) you will need on that first day in your suitcase. You will not have access to your suitcase until we check into the hotel Monday evening.
9. Get together on some items in rooming groups. It is a waste of space for one rooming group to bring multiple hair dryers, hair styling tools, etc. Group members may want to coordinate the types of snacks and/or beverages to be shared in the hotel room.
10. Make a list of items you need to purchase and buy those items several days before we leave.
11. Pack **one suitcase** that will be stored under the bus and pack **a smaller carry-on bag** for the items you will need/want with you on the bus and while you tour.
12. Label everything: suitcase, carry-on bag, lunch, DVDs for bus, etc.
13. **DO NOT** lock your suitcase. Suitcases will be searched when dropped off the night before we depart.
14. May want to bring a small pillow and a small blanket for the bus ride.
15. Handheld devices may be used on the bus if you mute the sound or if you wear headphones/earbuds. You cannot use handheld devices while touring. Do not bring portable speakers.
16. Everything on your trip is paid for except for souvenirs and extra snacks. You may want to bring cash (small denominations & change) to purchase these. Debit cards are accepted at most locations; be wary of using debit cards at street vendor carts. Do not bring personal checks or travelers' checks.

Food & Snack Packing Suggestions for the Bus Ride

1. **DO NOT** pack cans or bottles of carbonated beverages in your carry-on or in your lunch. They will get shaken up and spray all over when opened. Pack a water bottle that can be refilled/emptied during the week. Many touring sites will ask you to pour out or throw out opened beverage containers.
2. **DO NOT** bring greasy or messy foods and snacks. Avoid foods with strong smells or that melt easily.
3. Wrap everything securely.
4. Think about disposable items. **DO NOT** bring a thermos, dishes, small coolers, etc.; these take up limited space and are additional items you will need to keep track of.
5. Remember to bring napkins, plastic utensils, wet wipes, etc.

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6. Wrap up your garbage and store it as you finish your food. Then throw it away when we get to an area with a trash container (hotel, rest area, etc.) The waste basket on the bus will not hold everyone's garbage. **NEVER ever throw garbage in the toilet on the bus!** This will clog the toilet and make the toilet unavailable for use.
7. Bring as much food as you can reasonably eat for lunch and snacks on Monday. Extra snacks can be packed in your suitcase. DO NOT pack items that spoil easily. Be sure to throw out leftover meats and dairy products Monday evening.
8. Do bring breath mints and/or hard candies. Avoid bringing gum -- most government buildings and museums will not permit visitors to chew gum.
9. Adhere to bus-specific food rules. These rules are established to prevent serious allergic reactions.