

OMS COUNSELING DEPARTMENT

~ Be Respectful ~ Be Responsible ~ Be a Learner~



Contact the
counseling
office:



(585) 637-1863

OMS Counselors



Ms. Sealon



Mrs. Ralyea



Mrs. Cavalieri

Program vision and mission:

The Brockport School Counseling and Mental Health Program is comprehensive, developmental, and preventative in nature. It is designed to help all students become effective learners, achieve personal and social goals, and develop into responsible, contributing members of a global society. The Brockport School Counseling and Mental Health Program is aligned with the Brockport district mission and contributes to the goals of the district's comprehensive action plans.

Foundation

1. **Social/Emotional/Mental Health:** Grasp an understanding in the development of whole self (healthy balance of mental, social/emotional and physical well-being)
2. **Academic:** Move from the acquisition of the attitudes, knowledge and skills that contribute to effective learning in school and across the lifespan to the advance students' planning, preparation, participation and performance in academic programs that connects to their college and career goals.
3. **Career Development:** Acquire skills to investigate the world of work in relation to knowledge of self and an understanding of the relationship between academics to the world of work to make informed career decisions. Initiate the preparation, participation and performance in college and career assessments by all students.

Management

Year at a Glance:

- Demonstrate critical thinking skills to make informed decisions while transitioning to the next grade level
- Demonstrate ability to balance home, school and community activities
- Development and application of self-discipline, self-control, and healthy coping skills and strategies
- Apply PBIS concepts
- Create new relationships with adults/peers for success
- Demonstrate ethical decision making and social responsibility
- Increase student self-awareness as it relates to academic, career and social development
- Identify short and long-term academic and/or social emotional goals for individual or small group instruction
- Demonstrate and apply knowledge of interests and academic success as it relates to academic planning and career development
- Gain skills in order to overcome barriers to learning and success
- Demonstrate social maturity and behaviors appropriate to the situation and environment
- Utilize the internet and technology to enhance social, emotional, and career curriculum

Delivery

Annual Individual Progress Reviews (grades 6-12)



Individual Counseling



Small Group Counseling



Classroom Instruction



Consultation and Collaboration



Accountability



The school counseling program data is analyzed annually and instruction and intervention delivery is adjusted based on the needs of our students.

